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Almighty God, you have revealed your-
self as the blessed and Holy Trinity. Help
us when our human limits bring us
to doubt and confusion about your sacred
nature. Help us to know you as you are
revealed in Scripture and the breaking of
bread so that we may be enlightened in
our faith and strengthened to serve you.

For you have made yourself known to
us as the Father of us all, as the Son who
lived and died as one of us as you did to
the Apostles in ages past. Help us to know
and to trust your love for us. Conform
us to your perfect will. Help us to praise
you forever.

