

Opening prayer: Almighty God, you alone are the source of peace and righteousness. Only the might of your Spirit can save us from pride and cause us to pray. your faithfulness never ends. O Lord, teach us to pray so that we may be helped by your love and guided by your wisdom. Make us one with all your prophets and saints, who have trusted in you and were not ashamed.

Pastoral prayer: O God, let us hear your words of wisdom once more: Every one that exalteth himself shall be abased, and he that humbleth himself shall be exalted." We, too, ask for the praise of humility. As Jesus placed much emphasis on this virtue and rewarded it of his followers, allow us to do the same. Grant us the wisdom to understand that with humility we are counterfeit or below the standard Jesus set for us. Speak and re- mind us of the virtue "He that humbleth himself shall be exalted." We know that you also visit hangariners, while you ask for humility and reward it with exaltation. Allow us, through your wisdom, to learn that only way up is down