

Eternal and Almighty God, today is the very stuff of life. On this day of worship we see that every single day is a precious gift - every minute is fragile, every hour can be holy. We know that you ~~see~~ see us, all busy with life, running after happiness, running after success, running after gain, pursuing positions, striving, breathless, panting.

Help us in this hour of worship to pause, to step back from the routine to take a new look at Jesus Christ, at the Cross, at our priorities, our ideals, and our values.

We pray that we will see you in our moments and our days, our sins and our debts, our hope and our despair, our families and loved ones, our friends and fellow worshippers.

O God, Give us the courage to cut out of the lives and liaisons that threaten our spirits any indulgence that ~~is~~ saps our strength.

of purpose, any doubt that leads us to
disobey you. Restore us to healthy
body, mind, and spirit in the match-
less name of the good shepherd -

