

THE CHICANO SYNDROME EXERCISE

The following article describes four typical solutions that Chicanos resort to as a means of resolving the conflict involving cultural identity.

Imagine that each was representative of the emotional problem of a client who was assigned to you for assistance and treatment.

instructions

As a group do the following:

1. identify and list the components or facets of each problem.
2. Prescribe an effective individual therapeutic approach, developed as a result of consensus.
3. Reach a consensus on an effective therapeutic approach that would involve all clients simultaneously. (This might be group therapy, milieu therapy, etc.)

Select a spokesperson to organize the conclusions of the group for a report to the other group in a general assembly.